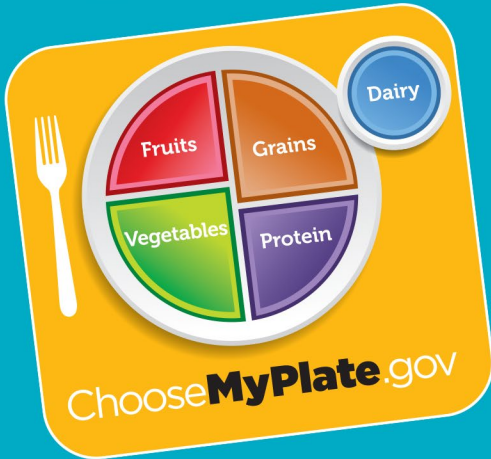
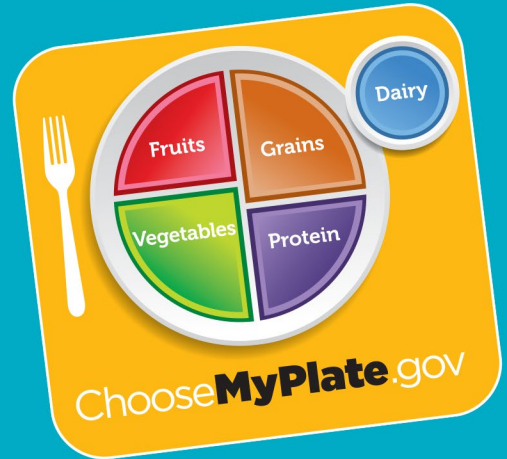


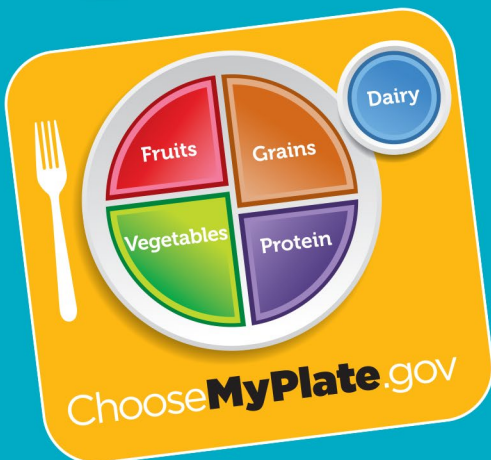
Discover MyPlate



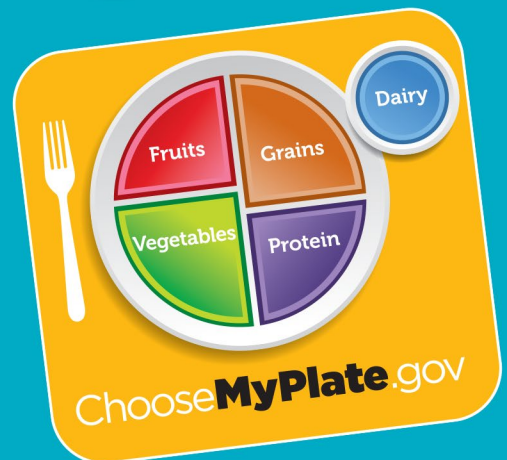
Discover MyPlate



Discover MyPlate



Discover MyPlate





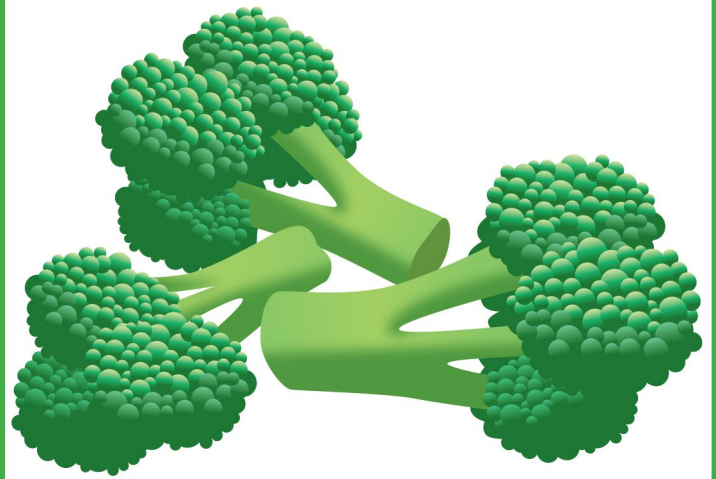
milk



raisins



tuna fish



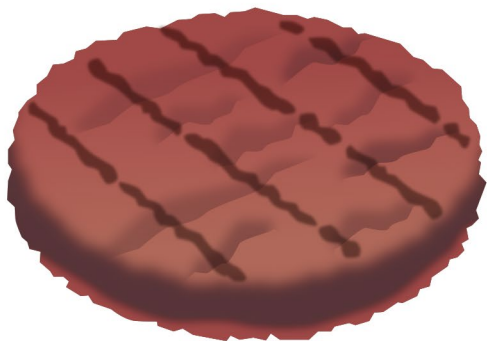
broccoli



cereal



salad



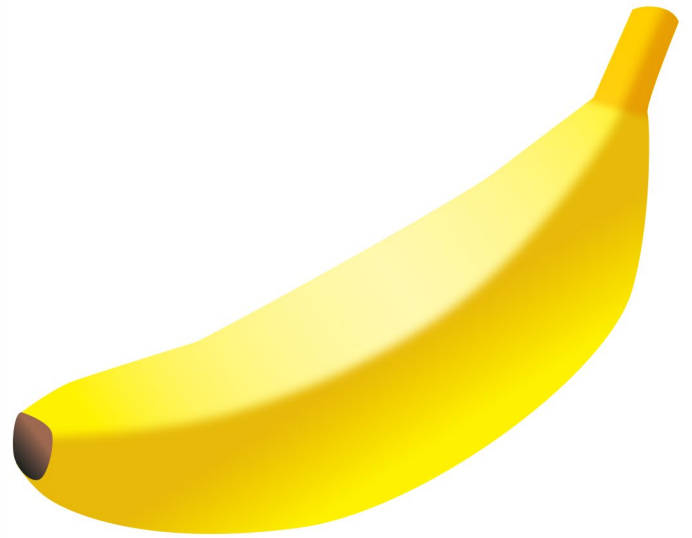
hamburger



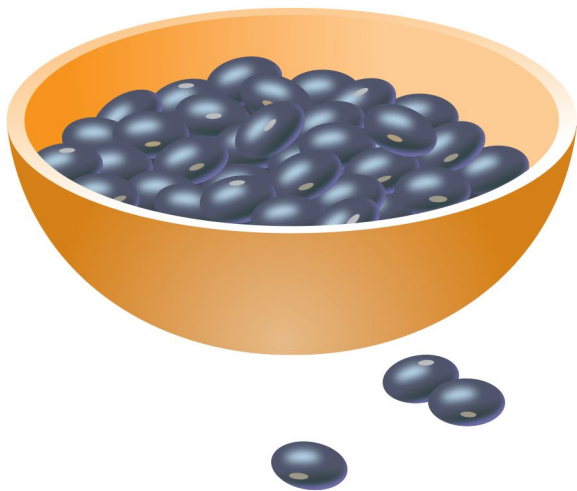
carrot



oatmeal



banana



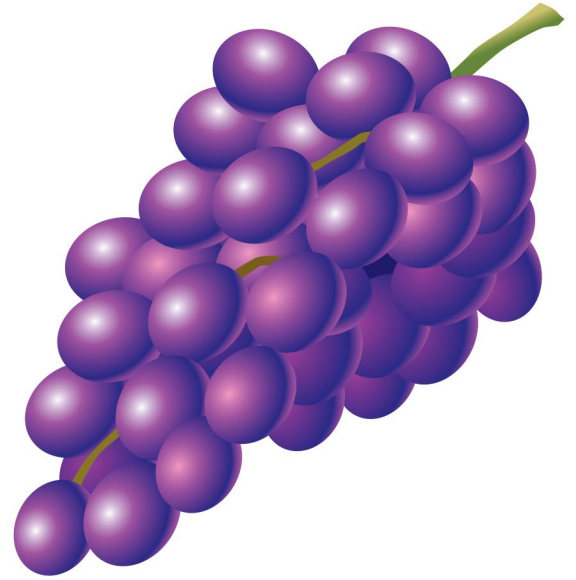
black beans



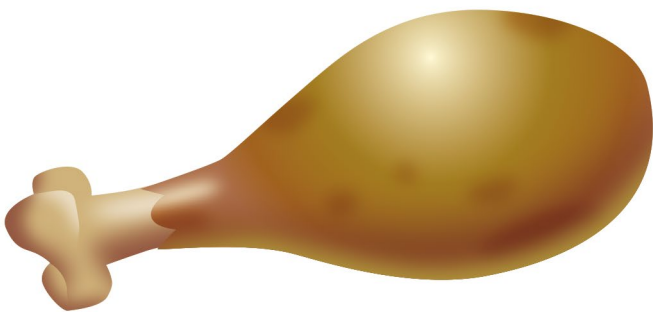
soy milk



**cottage
cheese**



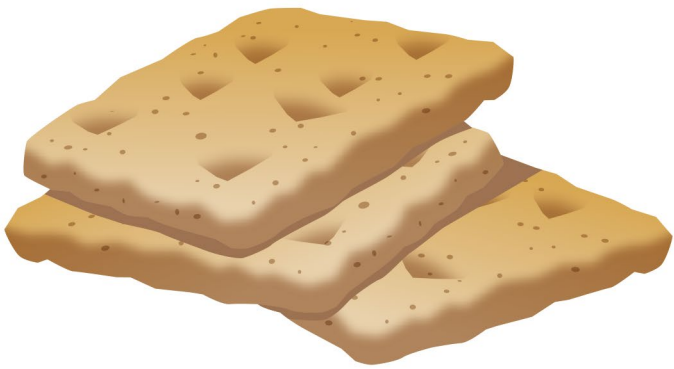
grapes



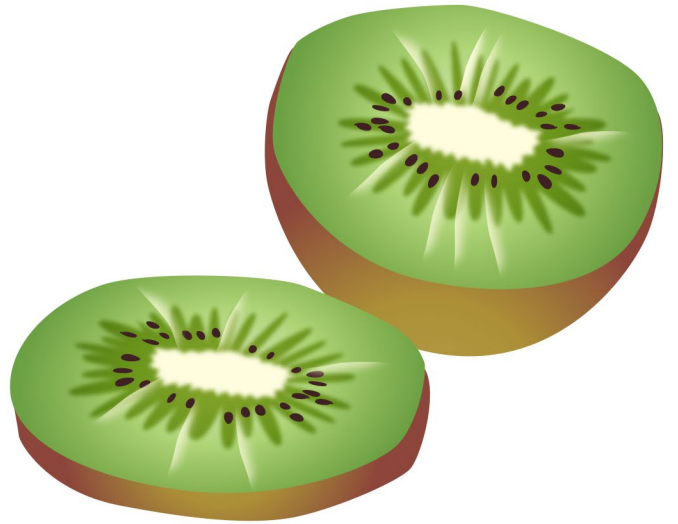
chicken



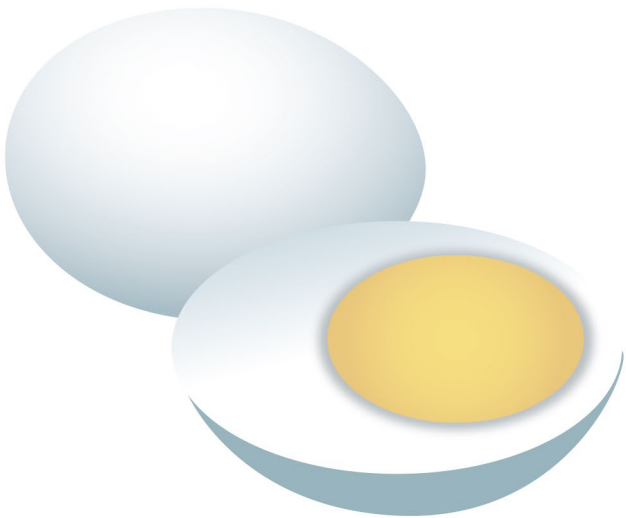
beans



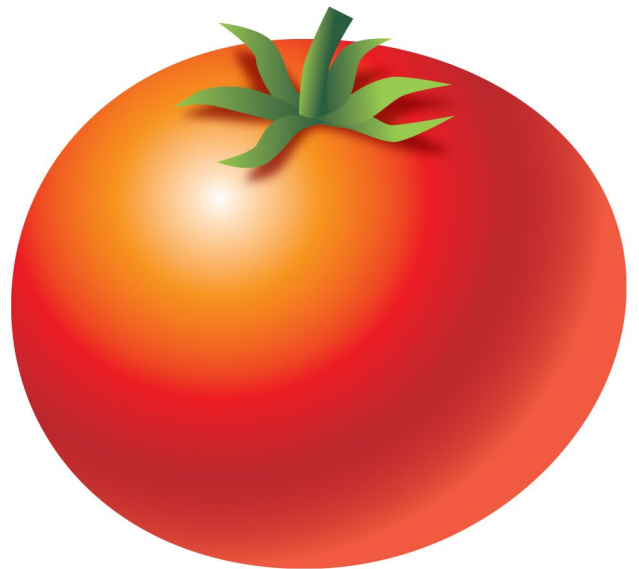
crackers



kiwi



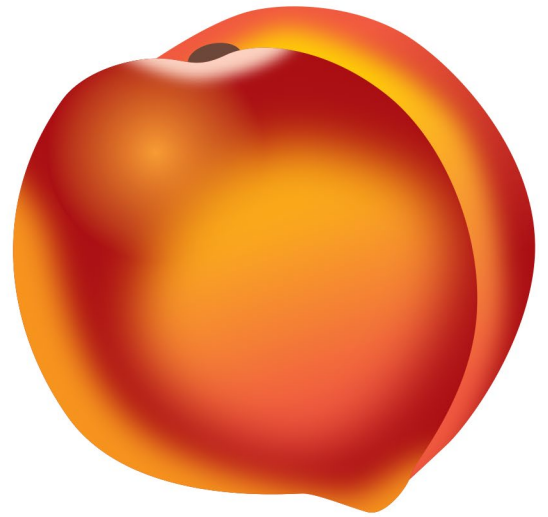
eggs



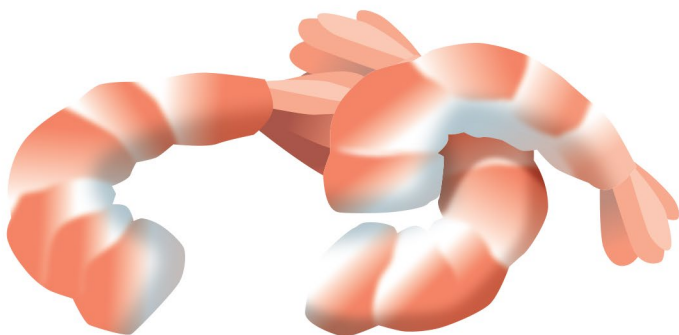
tomato



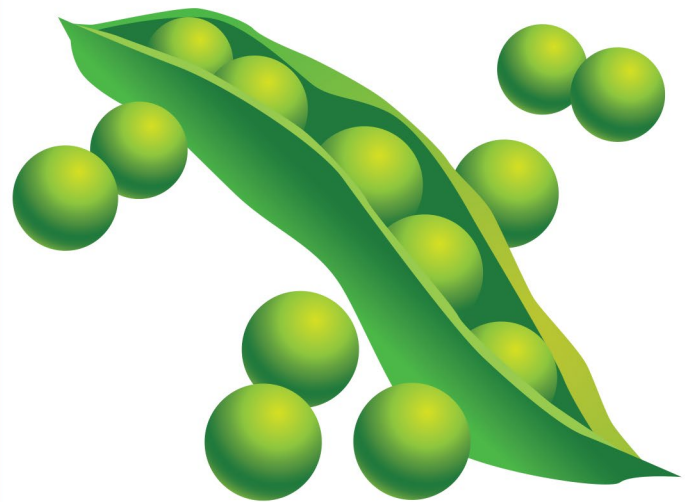
yogurt



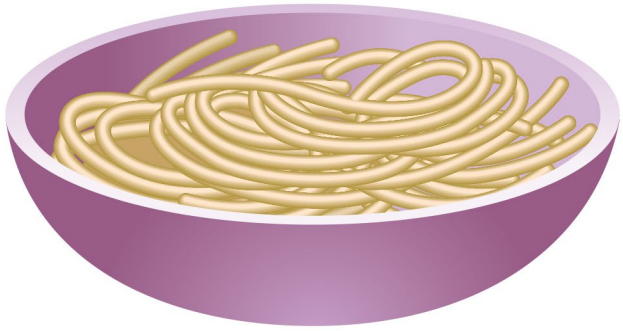
peach



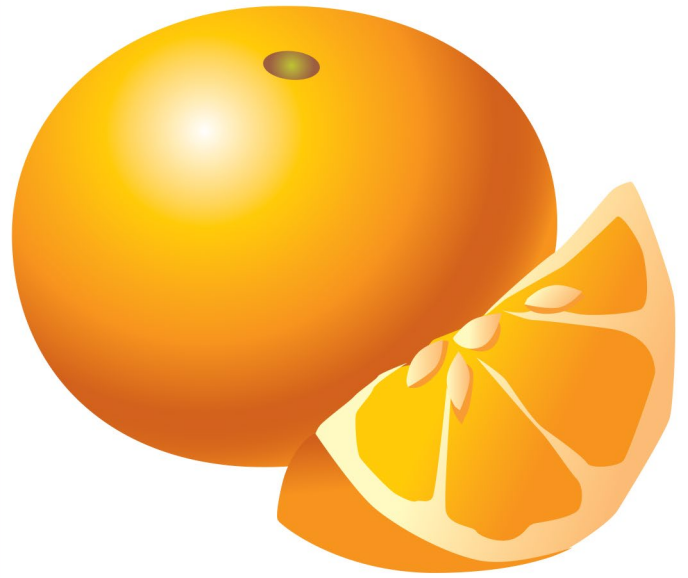
shrimp



peas



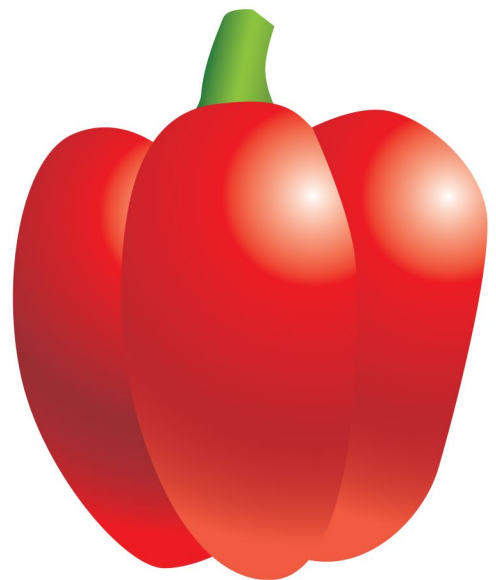
pasta



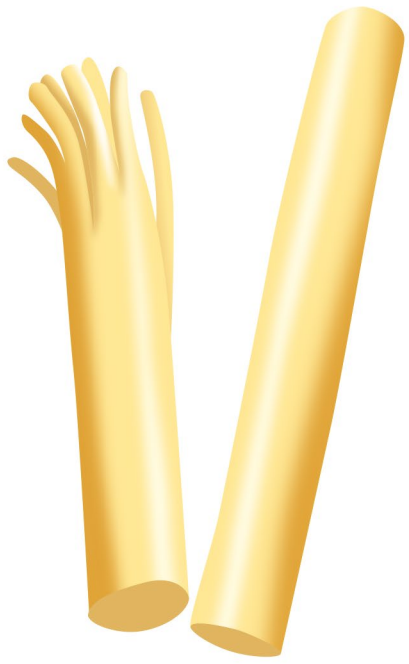
orange



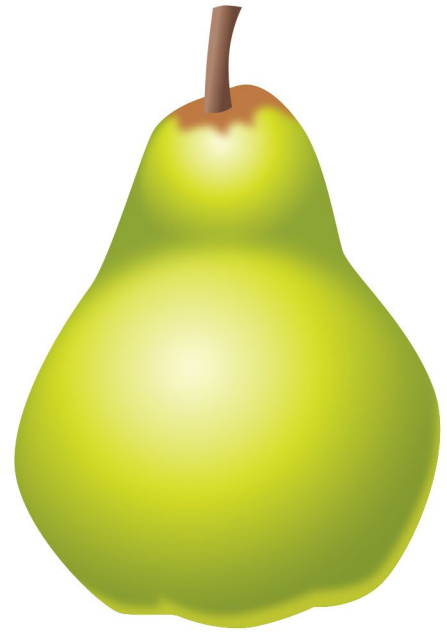
peanut butter



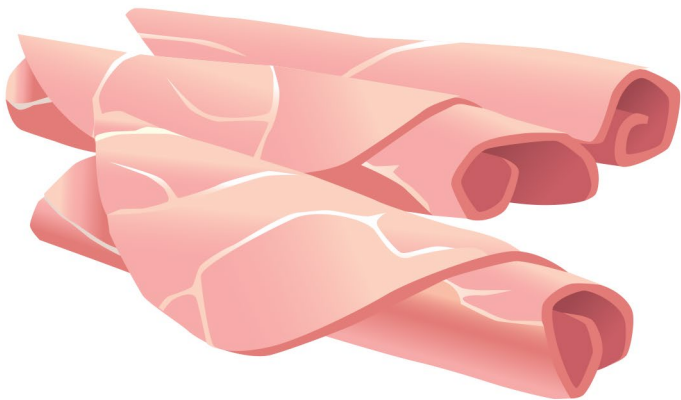
pepper



string cheese



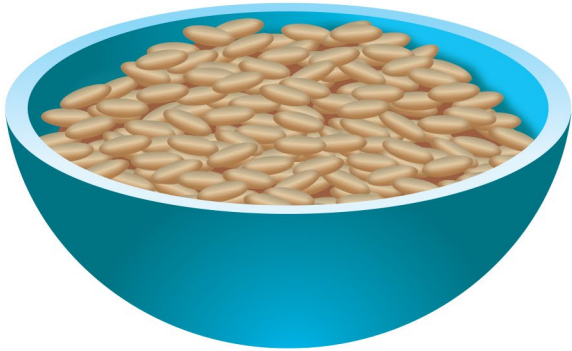
pear



ham



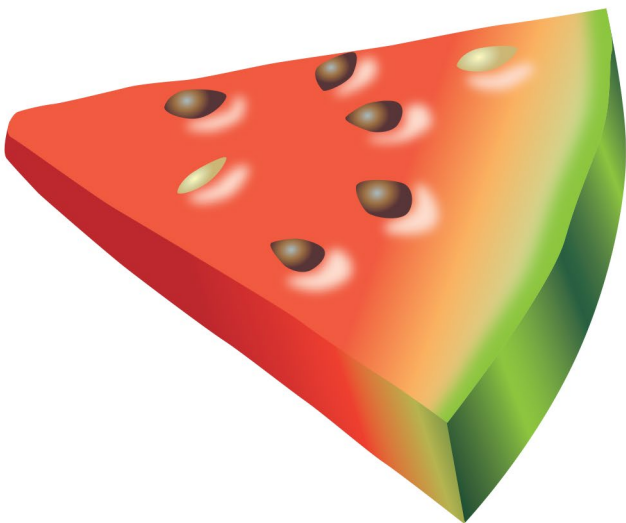
spinach



brown rice



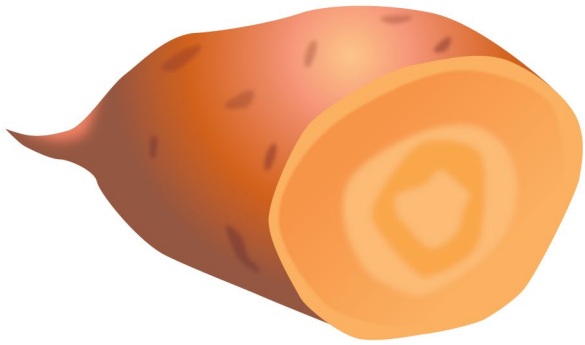
strawberries



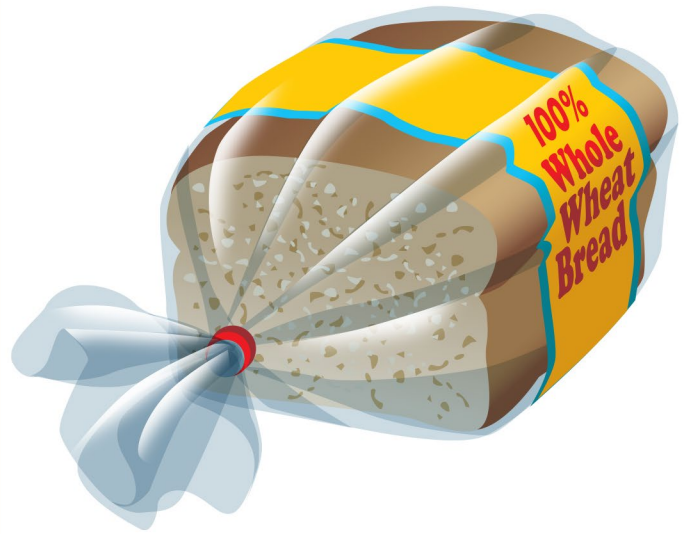
watermelon



cheese



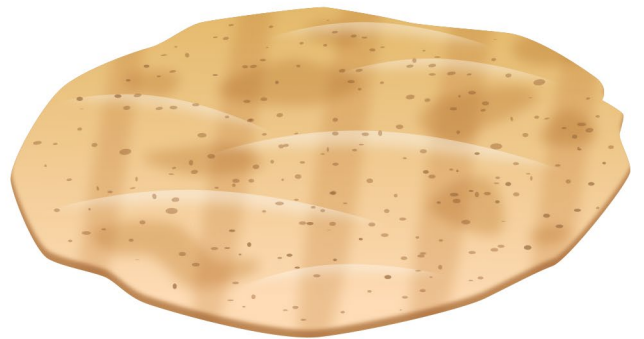
sweet potato



bread



popcorn



tortilla